From the Principal’s desk

Education Week was celebrated in style this year with some new events and traditional favourites included in the week’s program. The emphasis was very much on student participation as well as providing students with the opportunity to share with their families the exciting things they are doing at school. I hope all visitors enjoyed their visit to Temora Public on Friday, despite the bitterly cold weather.

This week I am delighted to announce that Mrs Carol Jenner has agreed to train our choir every Thursday at lunchtime. Mrs Jenner comes with a high level of experience in teaching music to children and currently runs the “Mainly Music” program at the Anglican Church. Mrs Jenner has a beautiful singing voice and will have much to offer our students. If your child would like to be involved, names must be in to me by Thursday at recess.

The Department of Education and Communities requires anticipated enrolment numbers for 2015 next week. If you have a child starting Kindergarten in 2015 and have not submitted an enrolment form yet, please do so as soon as possible. Can you please convey this information to other families that are not attached to our school who are intending to enrol. If your child is currently attending Temora P.S. and you know you will be leaving town prior to 2015, please let me know so I can submit accurate numbers.

A very big thank you to Scott Lennon and Pam Lanyon, who have volunteered to paint the starting grid and lines on the car track. The children are looking forward to using this exciting new part of our playground. Also, if anyone has an old fishing boat “tinny” that is no longer needed please let me know as I have a place for a boat along the back fence. At T.P.S. we believe that busy kids are happy kids.

Sharon Reardon
Principal

Dates to remember

Week 4

Thu 7th Aug.  *  REEC visit for selected Yr 5 students

Week 5

Tue 12th Aug.  *  ICAS Maths competition
Wed 13th Aug.  *  Yr 6 transition talk with teachers from T.H.S.

Week 6

Mon 18th Aug.  *  12.25 Can Assist Melanoma awareness talk

Rail Safety Talks

Pictured above: Rail Safety Officer Peter Haigh talks to students about the dangers of playing on train tracks and the impact on families when tragedy occurs.
Kinder Diamond had great fun getting into the spirit of dressing as “what I would like to be in the future”.

Kinder Crystal also joined in the fun of dressing up for the day.

Our staff had a great time

It was wonderful to see so many parents and friends support our Education Week Assembly
Assembly Awards
Term 3 – Week 2 2014
Congratulations to our award winners this week

Class | Student Awardees
--- | ---
K Crystal | Liam B.; Jaiicie B.; Zach B.; Riley S.
K Diamond | Cooper G.; Melica M.; Isabell B.
1 Amethyst | Marcus R.; Ruby M.; Jazmin M.
1 Opal | Kooper H.; Makayla T.; Charlie R.
2 Jasper | Jade S.; Emma D.; William L.
2/3 Garnet | Evie G.; Matt K.; Cian W-P.
3/4 Sapphire | Abby F.; Ella L.
4/5 Pearl | Will D.
5/6 Firestone | Brodie B.; Wade H.
5/6 Jewel | Ebonie A.; Zoe McL.

Assembly Awards
Term 3 – Week 3 2014
Congratulations to our award winners this week

Class | Student Awardees
--- | ---
K Crystal | Infants Awards were not awarded this week due to Education Week Assembly
K Diamond | 1 Amethyst
1 Opal | 1 Opal
2 Jasper | Will D.
2/3 Garnet | Arron W-K.; Shantae C.
3/4 Sapphire | Megan N.; India K.
4/5 Pearl | Harrison C.; Jack W.
5/6 Firestone | Shania W.; Jackson R.
5/6 Jewel | Ebonie A.; Zoe McL.

ACADEMIC ACHIEVERS

FIRST CERTIFICATE:
Tori A.; Laurie-Jo H.
SECOND CERTIFICATE:
Petrina W.; Byron G.
THIRD CERTIFICATE:
Emma R.; Ruby M.
FOURTH CERTIFICATE:
Sarah H.; Paige H.; Samuel Mac.; Timothy R.; Zoe H.
FIFTH CERTIFICATE:
Liam S.
SIXTH CERTIFICATE:
Ebony C-A.; Kasey S.
SEVENTH CERTIFICATE:
Anna P.
EIGHTH CERTIFICATE:
Courtney Mck.
NINTH CERTIFICATE:
Courtney Mck.; Jack W.

FAIR PLAY AWARDS

FIRST CERTIFICATE:
Mitchell H.; Harry R.; Chelsea Mck.; Oliver C.; Callum W.; George C.; Maisie F.; Jaiicie B.; Kooper H.; Brohlie D.
SECOND CERTIFICATE:
Lara C.; Jazmin M.; Kai S.
THIRD CERTIFICATE:
Alana A.
FOURTH CERTIFICATE:
Halle P.; Samuel M.
SIXTH CERTIFICATE:
Catie S.
SEVENTH CERTIFICATE:
Harry C.; Zahli W.

TPS BOOK FAIR

Many, many thanks to those people who purchased from the Book Fair last Friday. We sold well over $4000 worth of books and Temora Public School Library is now able to select approximately $1500 worth of new books for our shelves. Thank you again!

We also ran a competition for students to guess how many books were sold. Congratulations to the following students who were able to select a book prize for their winning guesses:

Kinder: Bailey Purcell
Year 1: Kooper Harpley
Year 2: Halle Philp
Year 3: Emma Cleverdon
Year 4: Megan Neville
Year 5: Harrison Caccamo
Year 6: Ellie Cooper

Reminder: instalments due:

- Part payment of $70.00 due for Canberra by 8th August.
- Final payments due for Borambola 19th August.
Riverina Athletics—TPS has success


Indy K.: 1st 100m, 1st 200m, 2nd long jump, 2nd relay, 9th 800m, 3rd high jump
Zoe McL.: 10th 100m, 6th High Jump, 7th 200m, Dan C.: 5th 100m, 6th 11yrs long jump, Bailey R.: 3rd heat 100m, Anna P.: 9th Snr Shot Put, Juatia T.: 9th Jnr Shot Put, Jnr relay: 2nd Indy K.; Ruby W.; Sophie B.; Catie S., Snr relay: 10th Abby M.; Zoe McL.; Grace O.; Courtney McK.

Indy and the Jnr Girls Relay will now compete at Sydney at the Start Carnival on the 15/17th of October. Good luck girls.

Our representatives:
Grace O.; Zoe McL.; Anna P.; Ruby W.; Abby M.; Sophie B.; Bailey R.; Dane C. Indy K.
Absent: Courtney McK.

What’s happening @

Fresh 4 Kids is on again this year. Starting on the 11th August and running through to 19th September.

How to enter: Simply purchase 2 fruit or vegie options available at the Canteen. Collect 2 stickers, put them on an entry form. I will give you a minor prize when you hand in your entry forms and you will go into the draw for a major prize. It’s that simple.

Last year two students won 3rd prize DVD packs. This year it could be YOU!!!

Meal Deals run from 11th August to 25th August.

Meal Deal 1 $6.40 (1 sticker)
1 Salad wrap or roll
1 Prima Fruitbox
1 Honey soy chips

Meal Deal 2 $5.40 (1 sticker)
1 Chicken snack wrap
1 Piece of fruit
1 Flavoured milk

Meal Deal 3 $6.20 (1 sticker)
1 Cup of noodles
1 Small fruit cup
1 Bottle water
Also tacos on Mexican Mondays will receive 1 sticker.

Thanks
Mrs B

We thank our sponsors for their support in 2014:

Rotary Club of Temora Inc.; T & J Sailplane Services; Temora Ex-Services Memorial Club Ltd; Temora Quilter—Sarah Lennon.
Parenting: choose your mindset

Source: ReachOut http://au.reachout.com/what-is-a-mindset#How

When you’re confronted with a challenging task do you: a) give it your best shot, or b) have a nap? Your answer to this question is probably determined by the kind of mindset you have.

What’s a mindset?
You know how many people like to define themselves as being either a glass half-full or glass half-empty kind of person? What they’re talking about is their mindset. Simply put, a mindset is a set of ideas and attitudes that shape the way someone thinks about themselves and the world. Someone’s mindset will determine the way they behave, their outlook on life and their attitude towards everything that’s going on around them.

For example, getting back to the glass analogy, if you’re a glass half-full kind of person, you tend to have a positive mindset which means you approach everything that you do in an optimistic way. If you’re a glass half-empty kind of person, you might approach or think about many of the things you do in a more negative or cynical way.

The kind of mindset you have can really shift the way you approach your everyday life. And the good news is, your mindset is not set in stone; there are things that you can do shift your mindset so that you’re getting the most out of it.

The different kinds of mindsets
There are two different kinds of mindsets: growth mindsets and fixed mindsets.

Someone with a growth mindset is likely to:
» be keen to learn from people around them,
» understand that in order to get what they want, they’ve got to put the hard yards in,
» recognise that failure is an opportunity to learn,
» be aware of their weaknesses and focus on improving them,
» welcome challenges,
» be open to new things and new ways of learning.

The flip side of that is a fixed mindset. Someone with a fixed mindset is likely to:
» avoid challenges where they think they might stuff up,
» not deal very well with setbacks,
» try to hide their mistakes,
» be convinced that their abilities are limited to one area. For example, believing that they’re a ‘creative’ type or an ‘athletic’ type etc
» practise negative self-talk by saying things like I can’t do it.

How to get a growth mindset?
So, it’s clear that growth mindsets are really important for learning new things, embracing new challenges and dealing with setbacks. Check out some handy tips for turning a fixed mindset into a growth mindset:

» I can’t do it... yet. The way we talk to ourselves in our mind (our self-talk) has a really big impact on what we actually achieve. If you tell yourself that you can do it, chances are that you will; even if it doesn’t happen straight away.

» Challenge accepted. Next time someone throws an unfamiliar or tricky task your way, don’t throw it back at them – embrace it. Even if you stuff up along the way, you can be sure that next time you’ll do better.

» Do some hard yakka. You’re unlikely to reach your goals if you’re not putting in the effort to match. Put the hard work in and you’ll be able to enjoy the rewards.

» Ain’t no such thing as perfect – there is always room for improvement. Always put as much effort as you can into the learning process. Practise your skills and make an effort to learn new ones. Last time we checked, the guitar isn’t going to learn itself.

» Celebrate the big successes, and the small ones.

» Be open to new ways of doing things. You can never be sure of how something is going to pan out if you’ve never tried it before. Before you make the assumption that something will never work, ask yourself, How can I make it work?

» Don’t let setbacks get you down. When you come across setbacks, think about things that have helped in that situation before, and things that haven’t. Take feedback on board, and make changes accordingly. Setbacks don’t mean you’ve failed; just that you need to try a different approach.

Troubled by your mindset?
If you’re having issues getting your mindset to a place you’re happy with, have a chat to someone you trust about it, like a friend or someone you trust. Otherwise, have a chat with a counsellor; they’ll work with you to help you understand what’s going on and figure out how to improve things.

What can you do now?
2. Next time you do something awesome – big or small – celebrate it.
3. Everyone makes mistakes – learn from them and move on: http://au.reachout.com/everyone-makes-mistakes